

Symptoms Every Pregnant Woman Should Know



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Preeclampsia is a serious high blood pressure condition. It can develop during pregnancy or up to six weeks after giving birth. Early recognition and treatment can save lives.

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SIS, DID YOU KNOW?

These tips can help you and your baby stay alive and healthy.

Preeclampsia can cause seizure, stroke, organ damage, premature birth, death (mom or baby).

7 Symptoms Every Pregnant Woman Should Know:

- **Swelling of the face, especially around the eyes or hands.**
- **Weight gain of more than 5 lbs in one week.**
- **Headache that will not go away, even after taking medication for pain relief.**
- **Changes in vision: like seeing spots, stars, flashing lights, or vision loss.**
- **Upper right belly pain under the right breast. Sometimes mistaken for indigestion or flu.**
- **Difficulty breathing, gasping, or panting.**
- **Blood pressure readings in excess of 160/110.**

Some women may not have any symptoms, so regular check ups are very important.